

TAI CHI MASSAGE

W/ BOB ALTHEIM

(F) 4:30pm - 5:30pm

(F) Sept 14th - trial class

10 Class Series (F) 9/21/18 - 11/30/18

(Sa) 2:30pm - 3:30pm

(Sa) Sept 15th - trial class

10 Class Series (Sa) 9/22/18 - 12/01/18

CHI-KUNG / QI GONG

YI JIN JING

W/ DENNIS ZHANG

(F) Sept 14 - trial class

(F) 6pm - 7pm

10 Class Series (F) 9/21/18 to 11/30/18

TAI CHI FAN

W/ FRANK PFEIFFER

(W) Oct 10rd - trial class

(W) 12pm - 1pm

10 Class Series (W) 10/17/18 - 12/19/18

Trial Class Ticket \$10 if purchased by 10/6
thereafter, \$20

Promo Rate \$220 for a 10 Class Series

*** No Class (F) 11/23 ***